



Springfield College hosts 20th annual Athletic Training Student Workshop

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Springfield College graduate and current University of Massachusetts assistant athletic trainer Bob Kuzmeski takes part in the college's 20th annual Athletic Training Student Workshop recently. Kuzmeski is a co-director of the workshop. *(Submitted photo)*

The Republican By The Republican

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SPRINGFIELD – Springfield College

recently hosted its 20th annual Athletic Training Student Workshop intended for high school students interested in careers in athletic training and sports medicine.

Springfield College Athletic Trainer and Assistant Professor of Physical Education Wayne Rodrigues takes part in the college's 20th annual Athletic Training Student Workshop recently. Rodrigues is a co-director of the workshop.

Submitted photo

High school students from throughout the country attend the workshop and focus on anatomy, injury prevention, and care of common lower extremity athletic injuries.

Lectures, demonstrations, and practice sessions about athletic injury prevention and maintenance take place during the workshop.

Students also have the opportunity to attend presentations on career options as part of the curriculum.

A successful addition to the workshop is a hands-on exploration of cadaver anatomy.

Athletic training is an allied health profession, recognized by the American Medical Association, that provides health-care services for physically active individuals. The athletic training major at Springfield College is accredited by the Commission on Accreditation of Athletic Training Education (CAATE), and is one of the most competitive programs of its kind in the country. Program graduates are found across the country working in sports medicine clinics, at high schools, at colleges and universities, and with professional sports teams.

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